Cyber Security Awareness Foundation

BASIC TIPS AND ADVICE

KEEP A CLEAN MACHINE

KEEP SECURITY SOFTWARE CURRENT: Having the latest security sofware, web browser and operating system is the best defense against viruses, malware and other online threats.

AUTOMATE SOFTWARE UPDATES: Many software programs will automatcally connect and update to defend againt known risks. Turn on automatc updates if that's an available option.

PROTECT ALL DEVICES THAT CONNECT TO THE INTERNET: Along with computers, smartphones, gaming systems and other web-enabled devices also need protection from viruses and malware.

PLUG & SCAN: USBs and other external devices can be infected by viruses and malware. Use your security software to scan them.

PROTECT YOUR PERSONAL INFORMATION

LOCK DOWN YOUR LOGIN: Fortfy your online accounts by enabling the strongest authenticaton tools available, such as biometrics, security keys or a unique one-tme code through an app on your mobile device. Your usernames and passwords are not enough to protect key accounts like email, banking and social media.

MAKE YOUR PASSWORD A SENTENCE: A strong password is a sentence that is at least 12 characters long. Focus on positve sentences or phrases that you like to think about and are easy to remember (for example, "I love countrymusic."). On many sites, you can even use spaces!

UNIQUE ACCOUNT, UNIQUE PASSWORD: Separate passwords for every account helps to thwart cybercriminals.

WRITE IT DOWN AND KEEP IT SAFE: Having separate passwords for every account helps to thwart cybercriminals. At a minimum, separate your work and personal accounts and make sure that your critcal accounts have the strongest passwords.